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Iowa State Daily (February 22, 2012)

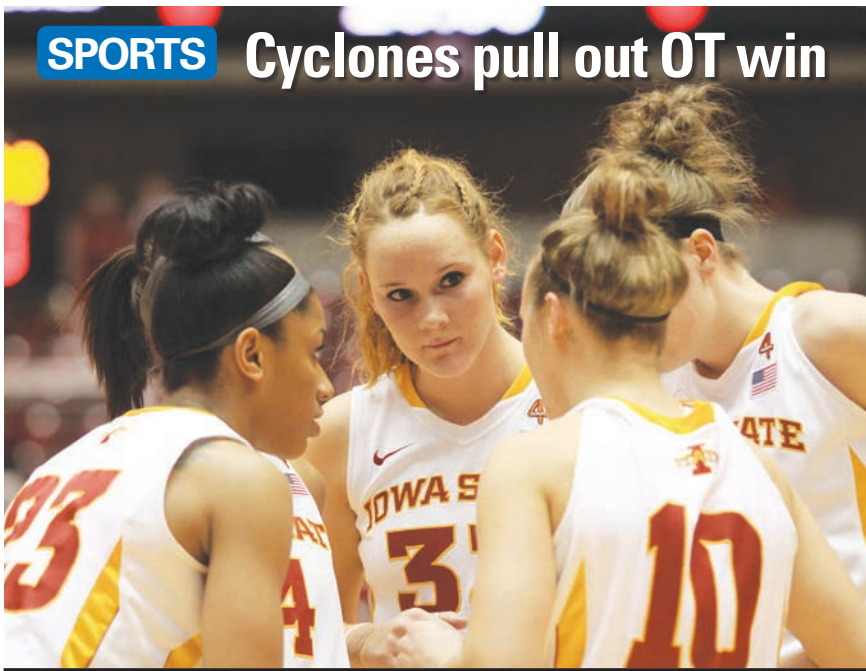
Iowa State Daily

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OPINION

What kind of society do we live in?

FLAVORS

Think outside the box with Thin Mint cookie recipes

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LECTURE:

Architect to address energy uses

By Katelynn McCollough
Daily staff writer

Kiel Moe, an assistant professor of architectural technology at Harvard, will discuss the formation of energy in contemporary architecture at the College of Design.

As the area coordinator of the sustainable design concentration at Harvard, Moe will address the use of energy practices in decision-making practices within architecture. The main case study he will cover is a design-build project from central Colorado.

Moe was a participant in a discussion of architecture and energy at the University of Pennsylvania in January that looked into the question of whether the architectural design of a building has an effect on energy consumption.

Moe has received multiple awards over the past several years. He most recently received the 2011 Architectural League of New York Prize, the 2011 AIA National Young Architecture Award, the 2009-2010 Gorham P. Stevens Rome Prize in Architecture and is a fellow of the American Academy in Rome.

The lecture is part of the Architecture Advisory Council Lecture Series. It starts at 5:30 p.m. Wednesday at Kocimski Auditorium in the College of Design.

CLARIFICATION:

The headline for Tuesday's article about Executive Vice President and Provost Elizabeth Hoffman read, "Hoffman announces resignation." The Daily would like to clarify that Hoffman is not resigning from the university. She is resigning from her position as executive vice president and provost.

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Track and field



Photo: Yue Wu/Iowa State Daily

Ian Warner is a senior in marketing, sprinter for the ISU track and field team and manager and writer for Cover Ground, a website he created with his older brother. The pair also started a clothing company called Parilexx that has boomed since its inception in June thanks to Facebook and Twitter.

Sprinting to the top

Senior juggles website, clothing company

By Dylan.Montz
@iowastatedaily.com

Ian Warner is always looking forward.

He is always looking forward to what his next task is in class, what his next assignment is for those classes and what he has to do next to make sure he will graduate from Iowa State. Warner also is concentrating on his track-and-field career competing as a sprinter for the Cyclones.

“The clothing is really something we always dreamed out as kids and we were really just waiting for the right time to it.”
Ian Warner

Warner also keeps his schedule busy by doing something most other students, or student-athletes for that matter, don't do. He manages and writes for a website he and his older brother, Justyn, created called "Cover

Ground" and subsequently started a clothing company called "Parilexx."

The idea for Cover Ground formed in 2009 when Justyn was a senior competing in track and field at Texas Christian University and while Ian was an ISU freshman. Justyn had the idea of creating a blog about his training schedule and posting it on the Internet, and Ian came back with an idea taking the blog one step further.

"I suggested to him that we try and use it to take what we are learning in our journeys and try to help other people to make their journeys easier," Ian said. "So I was the one who transformed it into a blog about helping

others, but he was the one who got the domain name, started it and did the first posts. But he eventually asked me to write for it."

Traffic for Cover Ground was initially slow. At one point, Ian and Justyn didn't know if they should even continue operating the website because they thought, "No one really cares about it and no one's really reading it."

They decided to continue their efforts, though. The first summer after they started the site, Ian went home to Markham, Ontario, and posted on

PARILEXX.p2 >>

Science

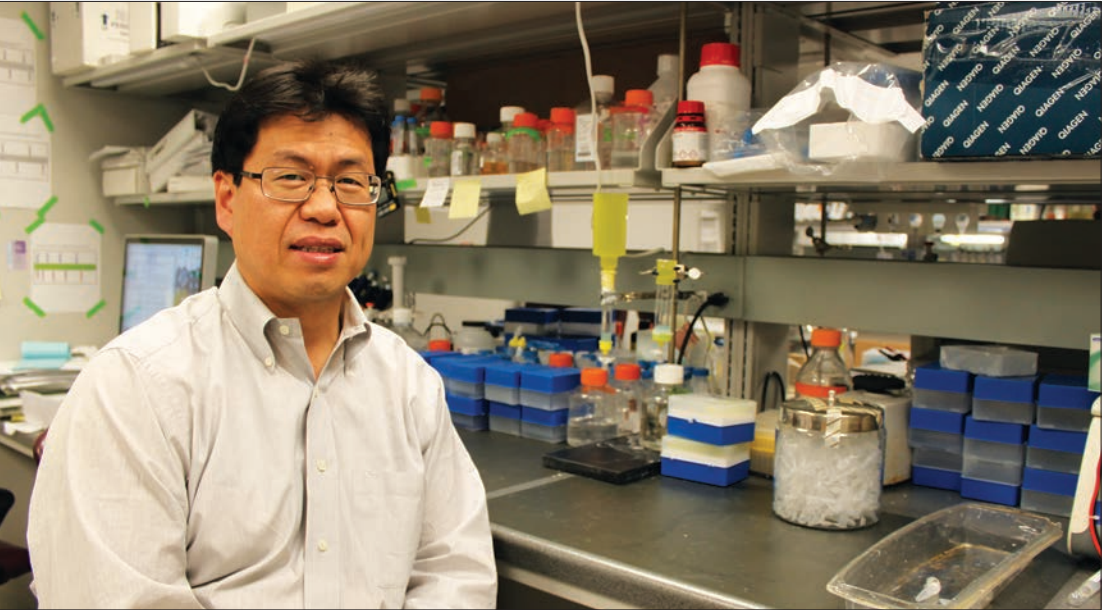


Photo: Lyn Bryant/Iowa State Daily

Michael Cho, deputy director for the Center for Advanced Host Defense Immunobiotics and Translational Comparative Medicine, has gained recognition for his work on an HIV vaccine.

ISU lab joins AIDS fight

Vet Med scientists work on HIV vaccine

By Erin.Toohy
@iowastatedaily.com

Iowa State's College of Veterinary Medicine has joined the pursuit of finding a vaccine or cure for AIDS, a deadly disease that has been an issue for more than 30 years.

About two years ago, Michael

Cho came to Iowa State from Case Western Reserve University in Cleveland, Ohio, and brought with him his lab.

Cho has been working on a vaccine for HIV-1, the virus that causes AIDS, for more than 10 years.

"HIV-1 attacks CD4+ helper T cells and kills them," Cho said.

The CD4+ helper T cells, he explained, are the cells in the immune system that look for discrepancies, such as bacteria or a virus, and sig-

nal to the rest of the immune system that they're there.

"The proteins we have been focusing on in the virus are gp120 and gp41 glycoproteins. The gp120 protein binds to the CD4+ helper T cells because CD4 is a specific receptor for it," Cho said. "After it binds, the gp41 protein fuses the two together so the virus can enter the cell and integrate its nucleic acid information

VIRUS.p2 >>

Education

Districts seek OK for online curricula

By Frances.Myers
@iowastatedaily.com

Two school districts in the state of Iowa are working to get their new curricula approved by state legislators, marking a turning point in their teaching style.

In contrast to the traditional style of teaching — where learning is face to face and the teacher is physically present — CAM Community School District and Clayton Ridge Community School District are set to become Internet-based with classes taught primarily online starting this fall.

State legislators are questioning the legality of this move because the schools would be sponsored by the school districts but operated by private companies. The CAM school district serves Iowa students in Cumberland, Anita and Massena, while Clayton Ridge is based in the northeast Iowa towns of Garnavillo and Guttenberg.

Staci Hupp, communications

INTERNET.p2 >>

>>PARILEXX.p1

Cover Ground's website "literally every single day for three months." "Every day we posted and it really started to generate a lot of traffic and people really started to like it," Ian said. "Facebook and Twitter really helped a lot with it, so we really used those to start getting it out there, and it just kept going and now it can't stop."

Cover Ground currently has 562 likes on Facebook and 2,654 followers on Twitter. The boom in social media, Ian said, is what was able to allow the brothers to start Parilexx.

"The clothing is really something we always dreamed out as kids and we were really just waiting for the right time to it," Ian said. "We really didn't know what we were doing with Cover Ground and just did it along the way. That's the exact same thing we are doing with Parilexx. The amount I've learned since we started [Parilexx last] June has been tremendous."

The name Parilexx was spawned by combining the middle names of Justyn (Paris) and Ian (Alexander) to create the unique brand name. While Cover Ground's mission is to provide assistance and instruction for people to become a better athlete and a better person in the process, Parilexx was to provide clothing for its target audience to dress comfortably but to look "cool" as well.

While Parilexx merchandise cannot be found in stores right now, Ian and Justyn operate a website for it and word of mouth has helped the product spread.

Sophomore sprinter Dana Christensen is one of Parilexx's biggest promoters and said she has been asked a lot about the clothing because of how often she wears it.

"I went home and a few people

from my hometown have been asking about it," Christensen said. "My sisters and a couple family members have been into it, too, and have gotten a couple shirts not too long ago to help support it and put [Ian's] name out there."

ISU sprints coach Nate Wiens said it is gratifying for him to work with a person like Ian who is always in pursuit of bettering himself as a runner and person.

"Ian is just a student of the sport," Wiens said. "He's always learning, so it's one of those things where he's proactively seeking that. He doesn't go home and watch movies or TV — he goes home and figures out how to do things better. It's just another step in who he is."

Christensen said Ian is always the person to be there to help others anytime they need him.

"Whenever you are having a problem or having a rough week, he's the go-to guy," Christensen said. "He always has some type of motivation for you to keep pursuing to be that athlete you want to be."

That is exactly what Ian's goal for Cover Ground and Parilexx is.

"I'm just like everybody else here," Ian said. "But I want certain things in life and I'm not going to stop until I get those things. Everything you want in life takes sacrifice, but no matter what, if you have a goal, do not stop until you get it. Let no one get in your way."

Wiens said he is not surprised with Ian's efforts in creating Cover Ground and Parilexx because that is how he approaches everything he does.

"That's just Ian," Wiens said.



Warner

>>VIRUS.p1

with the cells."

After the human cell is infected, the virus can either stay dormant or create more of the virus, which will then be sent out to infect more cells. This is why Cho's lab is trying to focus the gp120 and gp41 proteins that allow the virus to enter helper T cells.

"We are working on a subunit vaccine that is protein-based," said Saikat Banerjee, graduate student in biomedical sciences who works in Cho's lab.

There are many people working on this project with Cho's lab from all around the country, including people from Albert Einstein University in New York and Case Western in Ohio, as well as the people who work in his lab here at Iowa State.

"We make these proteins by cloning them," said Habtom Habte, who also works in the lab. "We then immunize rab-

bits with them to see how their immune system responds."

"The problem with HIV is there are so many antigenic variants, which are generated as a result of high mutation rate," Cho said.

Another problem is that the virus infects and incorporates its genome into the cell.

"We must inhibit the virus from getting into the cell. Once the virus is in the cell, it is very hard to neutralize," Habte explained.

Despite these problems, the results the lab is getting seem hopeful.

"There is one very strong candidate that we've been seeing make antibodies, so we've been working a lot with that one," Banerjee said.

Cho and those working in the lab continue to look toward the future.

"Our future goal is to improve this vaccine so that it can be more effective," Cho said.

>>INTERNET.p1

director for the Iowa Department of Education, said these schools have been approved by the state.

"Iowa Code gives school districts in Iowa the authority to deliver education online as long as the education is not delivered exclusively online," Hupp said. "The CAM and Clayton Ridge districts have demonstrated in good faith that they intend to meet all legal requirements by combining online with traditional materials and instruction. We will closely monitor how the districts implement their online programs."

Jeffrey Brooks, associate professor of educational leadership and policy studies, said online schools should be allowed in Iowa.

"Online schools are increasingly common around the country," Brooks said. "They should definitely be allowed in Iowa, especially because underfunded rural schools may be able to offer their students courses they would not otherwise be allowed to deliver. Moreover, high-quality online teaching can offer students other opportunities to make up missed credits or to engage the materials and instructors via formats that may be more con-

ducive to their learning."

Hupp said that state law gives school districts the authority to start online schools without approval from the Iowa Department of Education and that there is no state process for approval or denial.

"The department's concern is that quality education is delivered within the confines of the law" she said. "That can happen in an online format, and, in some cases, it's the right choice for students."

Online schools are an increasingly popular trend in Iowa as well as across the nation.

"Online schools are a growing trend that cannot be ignored," said Lily Compton, lecturer of educational leadership and policy studies. "They can offer students access to more opportunities and learning options. There are organizations that offer supplemental courses to students enrolled in traditional schools."

Compton used Iowa Learning Online as an example of such an organization, which offers Advanced Placement classes, postsecondary enrollment options and additional courses not offered by school districts.

Brooks said the education program at Iowa State should be getting ahead

of the curve with online learning and teaching.

"Educator preparation programs at universities like Iowa State University shouldn't be reacting to the coming of online teaching, they should be leaders of innovation," Brooks said. "We have all the capacity and know-how to do amazing things, but are stuck in many outmoded ways of thinking about teaching and learning."

"ISU has always been a leader in distance education, outreach and extension — it's time for us to also lead in terms of online instruction."



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 IOWA STATE DAILY

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PERIODICALS POSTAGE

Editorial

Caucus snafus show need for standard practices

If there is one lesson to learn from this year’s Republican Party primary season, it is that the Republican National Committee may want to consider imposing basic, standardized requirements on its state parties’ caucus procedures. Although this year’s problems may not approach scandal, the caucuses have been plagued with embarrassing mistakes.

Caucuses are different from primaries. Caucuses, rather than consisting of voting like on voting days, feature extensive political participation by ordinary people. Like the New England tradition of town-hall meetings, caucuses often are touted as valuable relics of an engaged political tradition. However, allowing each

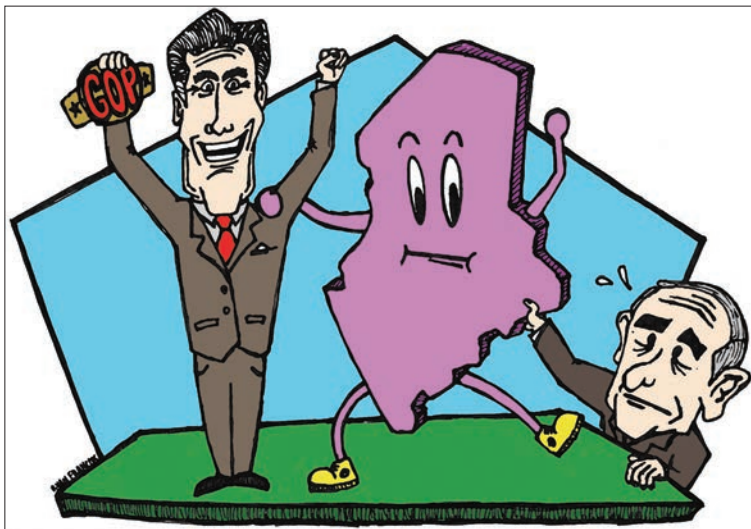


Illustration: Ryan Francois/Iowa State Daily

state party to determine whether it has a caucus or primary and its own procedures is a dangerous affair. Iowa’s failure to count and report ballots accurately serves as a primary example.

The Republican Party of

Iowa declared Mitt Romney the winner of the Jan. 3 contest, stating that he beat former Rick Santorum by eight votes. After recounting some of the votes, they declared that Santorum actually won by 34 votes, although the

votes of eight precincts went uncounted. Chairman Matt Strawn resigned because of the confusion. The Nevada caucus also had problems. While the state party refused to declare a winner until all its results were in, news agencies made their own speculations based on entrance and exit polling.

Maine was the most recent example. The state party omitted results from some precincts in its count and did not count the votes of one county that had delayed its caucuses because of inclement weather. They too were forced to re-examine their announcement that Romney won.

Ongoing recounts as other campaign events occur means that potentially wrong results

will go on to influence the political process. The prospect of news reports becoming self-fulfilling prophecies — when later voters vote for candidates because of their previous electoral successes — are bad enough. Self-fulfilling prophecies based on the wrong facts are even worse.

The Republican National Committee can impose minimum reporting requirements and standardized vote-counting procedures without compromising the individuality of the state Republican parties or leveling all Republicans everywhere into people who toe the national line. Such steps are probably necessary to maintain the integrity of the party’s internal activities and broader appeal.

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Send your letters to letters@iowastatedaily.com. Letters must include the name(s), phone number(s), majors and/or group affiliation(s) and year in school of the author(s). Phone numbers and addresses will not be published.

Online feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily.

Morality

What kind of society do we live in?

Virtue is anathema to many Americans these days, I swear.

The other day I was having a discussion with an old Army buddy about torturing terrorists for information. This is an old debate, but to recap, the United States began employing what Big Brother Newspeak calls “advanced interrogation techniques” when “interviewing” terrorist suspects sometime within the last decade.

Oldspeak, or the way normal people talk anyway, calls that “torture.”

Torture as an interrogation technique is nothing new, even to the United States. However, as an official policy for dealing with prisoners of war, torture is a completely new thing to our country.

“F--- those guys, they’re terrorists,” my friend said. “If we don’t get the information from them, lots of people could die. So we hurt one terrorist to save hundreds. Who cares? What if they’ve got a nuke?”

“What about individual rights? Don’t we protect those here in America?” I questioned.

“But they’re not Americans,” he replied.

“They’re just a bunch of assholes with guns and bombs, trying to kill as many Americans as they can.”

So I asked, “Rights still matter. And anyway, what about morality? Either everyone has rights and morality is an inflexible code not subject to the whims of society’s passions, or the entire American philosophy of rights and governance is complete nonsense. Remember that oath you took?”

And so the conversation went.

This whole argument is one of utilitarianism. Utilitarianism is a philosophical theory in which its creator, Jeremy Bentham, sought to reduce decisions on social matters to a simple calculation based on the pleasure of the majority. Bentham based this idea on the concept that individuals made decisions based on how much pleasure or pain the action would give them.

For example, students procrastinate studying for their midterms because it’s a lot more fun to play Xbox than it is to study for one’s statistics exam, which without a doubt sucks.

Another utilitarian might argue that studying and getting a good grade has a higher pleasure value in the long run because it reduces academic



By **Barry Snell**
@iowastatedaily.com

stress, improves one’s GPA and one stands to get a better job someday.

Bentham said we can apply this same individual calculation to social problems: Whatever increases the happiness of the greatest amount of people, even if a minority is less happy as a result, is the right decision to make. This is how our government, and many citizens, arrived at the decision that torturing people is an OK thing to do. Like my friend said, if we don’t torture one guy, we might see many more innocent people die.

But the road to hell is paved with good intentions.

An interesting characteristic of some utilitarian calculations is a factor that reduces the humanity of the affected minority. In the terrorist example it’s obvious: the guy is a suspected terrorist. What’s more loathsome these days than the terrorist boogie man that we’re told is lurking everywhere (justifying our massive military expenditures and endless wars)?

So to get at the heart of this matter, take the terrorist out of the equation and ask this instead: What if we torture the terrorist’s innocent 9-year-old daughter to compel him to talk? The utilitarian calculation still exists; torture the one girl to potentially save many others. The needs of the many outweigh the needs of the few, right?

Wrong. Cue buzzer sound.

Morality and individual rights matter. Not only do they matter, but they are fixed and unchanging. Either it’s wrong to murder someone or it’s not. Either you have the right to free speech or you don’t. These concepts won’t be any different a thousand years from now, even if society changes how much importance it places on them.

If utilitarian philosophy is correct, then the only thing that matters are the numbers. This means we need to be flexible in our morals and

how much or how little we value the rights and dignity of human beings. If utilitarianism is correct, then our principles of morality and rights are all about an ever-changing cost-benefit analysis in an “economy of humanity” after all.

This ought to make you uncomfortable, even if you haven’t the first clue about classical liberalism that forms the foundation of the United States’ philosophy.

All too often, utilitarian calculus is used to justify or incite government action, from the torture of terrorists to the economy to welfare programs to health care. Clever politicians and interest groups twist these issues to fool you into thinking they’re addressing individual rights.

Quite often, though, there’s a minority group somewhere — even just a minority of one — getting the shaft because society’s passions overwhelm them.

In a nation with more than 300 million individual interests, we can’t be perfect. But we need to stop the cycle of political utilitarianism and cease making decisions based purely on how many people something will positively effect. In the end, isn’t that really more about popular appeal and winning elections and less about doing the right thing?

Utilitarian logic can certainly be part of the debate, but living a life of virtue means more than figuring the numbers. Rights and morality matter in a principled society ... What kind of society do we want to live in?

Barry Snell is a senior in history from Muscatine, Iowa.



Lawsuit

PETA: Constitutional rights don’t cover animals

People for the Ethical Treatment of Animals has done it again. What is it going to come up with next? It is becoming even more of a joke after every media stunt it pulls. This organization has been well known for its bizarre media stunts, but its most recent lawsuit might be one of the worst.

Earlier this month, a California judge threw out PETA’s suit that five orca whales at Sea World had their rights violated. PETA claims the animal’s rights are violated under the 13th Amendment, which prohibits slavery.

PETA is using the argument that dismissing animals



By **Ian Nichols**
@iowastatedaily.com

as property was the same argument used against African-Americans and women before their rights were protected. This is a very racist and sexist claim. Human life, no matter what race or sex you are, is more important than little Fido. It is insulting that PETA is comparing zoo animals to the civil rights and woman’s rights movements.

I love animals, I really do. I grew up with an amazing dog that lived almost 16 years, and I currently have a golden retriever. No offense to my dog, but if I had to choose between my dog and my friend to rescue, I would save my friend. If animals are going to be treated like humans, then what about a few other things?

I am going to borrow a page from PETA’s playbook. Doesn’t Fluffy have a right to life — or at least a court hearing — before he gets PETA’s lethal injection? How about the right against cruel and unusual punishment from the Eighth Amendment? Do animals get the right to vote

when they turn 18 (or 3 in dog years)?

A 2010 inspection of 290 PETA animal custody records performed by the Virginia Department of Agriculture and Consumer Services discovers that PETA killed approximately 84 percent of the animals it took control of by lethal injection. Additionally, the inspection discovered that PETA’s Norfolk, Va., animal shelter doesn’t even meet PETA’s own published guidelines for running a shelter.

For those of you who watch “The Daily Show,” they did a little special segment on this case. They brought in a PETA spokesperson, Lisa Lange,

and, Jon Stewart-style, began asking questions meant to entertain the audience for comedy. It was hilarious watching this lady respond to some of the questions.

One asked if she considered owning her dog slavery and the lady was unable to respond. She also was unable to respond when she was asked, “Are you just exploiting the history of the slavery of black people in this country for publicity?”

The biggest joke was that she claimed the courts would see it PETA’s way because it doesn’t say anywhere in the Constitution that it only refers to people. I do believe

the first three words of the Constitution are “We the People.” By this phrase, it is saying the rights in this document were created by people and for people, not animals.

Animal cruelty is one thing and it does happen, but when you start to say it is on the same level as assaulting a human being, that is plain wrong. I am curious to see what the next PETA stunt will be. It will probably be something like it is illegal for pets to wear collars and leashes.

Ian Nichols is a junior in meteorology from Ames, Iowa.



ONLINE:



GOETTL, WARD REST DURING BYE WEEKS
iowastatedaily.com/sports

WOMEN'S GOLF:

On-iam leads Iowa State to 7th place

By Mark Schafer
Daily staff writer

The ISU women's golf team finished the Central District Invitational in seventh place with a three-round total score of 894 strokes.

Sophomore Sasikarn On-iam led the team with a three-round total of 216 strokes, which placed her third overall individually in the tournament. On-iam recorded a third-round score of 69, which was the lowest stroke total in the third round of the tournament.

In addition to having a low third-round score, On-iam also had the lowest second-round score for the team.

Freshman Chonlada Chayanun was the next closest Cyclone on the leaderboard with 225 strokes on the tournament, earning her a tie for 24th.

Sophomore Prima Thammaraks had the lowest first-round score for Iowa State, but would end up in a tie for 38th overall in the tournament with 229 strokes.

Before the third round started, Iowa State was in a tie with North Carolina for sixth overall in the tournament. However, the Cyclones went on to beat the Tar Heels by two strokes. Sixth place went to Ohio State, which scored 893 strokes in the tournament.

Iowa State now will have two weeks off before its next tournament, the Notre Dame Clover Cup, on March 16 in Mesa, Ariz.

COLLEGE:



The Associated Press

University warns fans to shape up

DULUTH, Minn. (AP) — Students who own season tickets to Minnesota-Duluth's men's hockey games are being warned to shape up after reports of racist chants during recent games against the North Dakota Fighting Sioux.

Athletic Director Bob Nielson sent students a letter warning that inappropriate comments directed at officials or other teams could get them tossed from the arena, or cost them their tickets.

The Duluth News-Tribune reports students began chanting "smallpox blankets" and other phrases at the North Dakota mascot.

North Dakota has resumed using the Fighting Sioux nickname despite threats from the NCAA that it would harm the school's chances at hosting postseason events.

Duluth is in the midst of an anti-racism campaign. Billboards and posters throughout the city are aiming to create dialogue about racism.

SPORTS JARGON:

Ankle pick

SPORT: Wrestling

DEFINITION: A maneuver used with good reach and quickness to gain possession of the opponent's leg for a takedown.

USE: Luke Goettl managed to ankle pick his opponent for a quick two points from the proceeding takedown.

Women's basketball



Photo: Jordan Maurice/Iowa State Daily

Junior forward Chelsea Poppens is fouled as she goes up for a shot against Missouri on Tuesday. After her 13th double-double performance on the season in the Cyclones' overtime victory, Poppens has scored 949 career points at Iowa State.

CYCLONES CLICK IN OT

By Cory Weaver
@iowastatedaily.com

For the second straight game, the ISU women took it down to the wire. This time, they battled Missouri into overtime but managed to close out the 66-59 victory against the conference's worst team.

It isn't very often that a team that is outshot from the field and beyond the arc wins the game, but Iowa State still found a way to win and coach Bill Fennelly said sometimes you just have to get the job done.

"There's some days at the office you just got to find a way to do it, and we found a way," Fennelly said.

In the first half, the Cyclones (17-9, 8-7 Big 12) shot just 23 percent from the field compared to the Tigers' (11-15, 1-14) 41 percent. In a game where the team struggled to get shots to fall, Hallie Christofferson said the rebounds played a big role in their success.

"I think it really helped that we went to the offensive rebounds; just knowing that we could get a second chance and to get that second shot up really helped," Christofferson said.

The second half was better for the Cyclones, as they shot 37.5 percent from the field.

Iowa State didn't hold the lead until the final 45 seconds of the half, but it was short-lived as Tiger guard Sydney Crafton hit a desperation 3 with four seconds left to tie the game. Despite the earned points, Missouri coach Robin Pingeton said it wasn't what they were looking for.

"It was a broken play. She got lucky," Pingeton



Iowa State hangs on
Bill Fennelly's team overcomes poor shooting to beat Tigers
iowastatedaily.com

said.

As the game went into overtime, the team began to click. It was no surprise that it took nearly two and a half minutes for someone to score, but that someone was Christofferson with a 3 at the top of the key.

Iowa State kept the momentum and rode it to the seven-point victory. Christofferson said they finally played as one in the final period.

"In overtime, we came together," she said. "The last six minutes, we kept telling ourselves, 'We aren't losing at home,' and we just went out there and we have to play to the end of the game and we showed that."

The bout was one of the most physical the team has seen all season. Three Tigers fouled out of the game, but Iowa State managed to stay out of foul trouble despite the high physicality.

Chelsea Poppens shined again for the Cyclones with 25 points and 16 rebounds, most of which came from underneath the basket and the charity stripe. Poppens said that keeping her cool in high pressure situations is something she has become accustomed to.

"I think just going through this whole season, it's all about keeping your poise, and when something goes wrong, just step back up, motivate your teammates and bring the energy next time," she said.



Photo: Jordan Maurice/Iowa State Daily

Hallie Christofferson looks to the basket during her 15th double-digit scoring game of year in Iowa State's 66-59 overtime win Tuesday.

The win helped Iowa State go 3-0 in the three-game homestead, but the Cyclones will hit the road to take on Oklahoma State on Saturday night. Tipoff is set for 7 p.m.

Men's basketball

Texas Tech presents next task

Wins push Cyclones onto national stage

By Jeremiah Davis
@iowastatedaily.com

As the ISU men's basketball team welcomes Texas Tech on Wednesday, the Cyclones see the Red Raiders as just one more step on the road to the postseason.

At media day, guard Scott Christopherson warned against the high expectations heaped on the team by people outside the program. He warned that, at the time, the Cyclones had yet to win anything, and a lot of work was left to be done.

"You want your fans to be excited, and they should be excited," Christopherson said. "All I really meant [then] was that we hadn't won any games yet, we hadn't won anything."

"I just really knew that if this team would stay focused on the things that mattered that we could be successful."

That success has manifested itself in the Cyclones' 19-8 overall record — the most wins for the team since the 2004-05 campaign when Iowa State lost to North Carolina in the second round of the NCAA tournament — and a 9-5 record in conference, which is more wins in Big 12 play this season than in the previous two seasons combined (seven total).

Christopherson said more than the success the team has seen this season, he's simply happy Iowa State is relevant on the national stage again.



File photo: Kendra Plathe/Iowa State Daily

Melvin Ejim and Scott Christopherson high-five after Christopherson makes a 3-pointer on Saturday at Hilton Coliseum. The Cyclones play host to Texas Tech at 8 p.m. Wednesday.

Coach Fred Hoiberg has seen that in the senior guard, as well as how much fun he's having and how much he's grown.

"I'm having a ton of fun," Christopherson said. "This is the first time that it's been Feb. 20 since I've been here and Iowa State has been relevant in college basketball. This is what you dreamed of as a kid, to have a chance to be part of a team that goes to the NCAA tournament."

That relevancy has surprised some, who may have questioned Hoiberg's strategy of bringing in



Hoiberg

transfers with murky pasts but a lot of talent. In just his second year coaching at any level, few expected the Cyclones to be where they're at at this point in the season.

But Hoiberg expected it all along.

"I did think this team had potential to be a top-half Big 12 team," Hoiberg said. "They've shown me with the passion they brought in here last year when they played with the scout team, some of those transfers."

"They've bought into everything we're doing right now. I did think we'd have a chance to finish in the top half, and hopefully we finish out strong."

Despite the in-house confidence, before the season started, coaches across the league picked Iowa State

to finish eighth out of 10 in the Big 12. With the strong finish Hoiberg said he's hoping for, the Cyclones have a chance to finish third in the conference.

Hoiberg said the low expectations from his coaching counterparts were based mostly on the amount of unknowns surrounding the team. What the predictions did do, however, was provide the players with motivation in Big 12 play.

"There were so many unknowns about this team, so I didn't really think a lot of it," Hoiberg said. "I tried to use it as motivation for our players, just that, 'This is what people think about you guys.'"

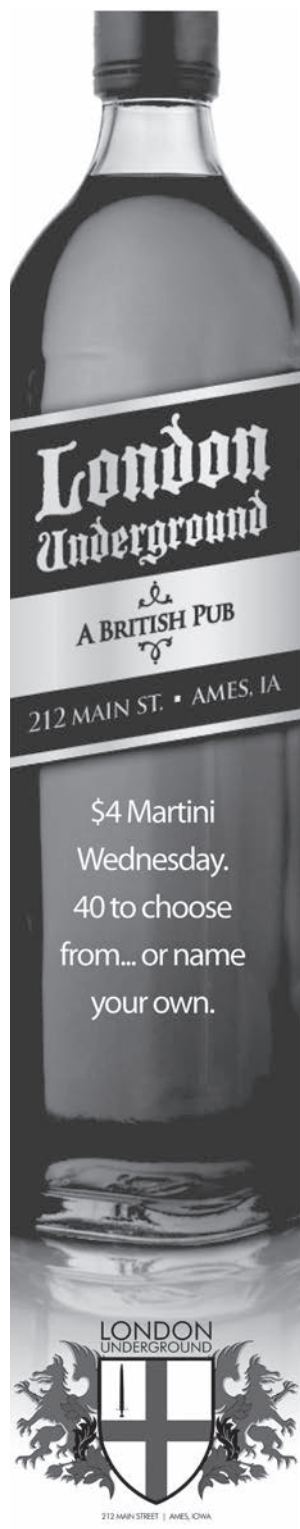
"You go out there and you try to do all you can to get them prepared, and [say], 'Guys, we're facing another team that picked you at the bottom.' You try to get them motivated that way."

Though the Cyclones are relevant on the national stage now, the coaches and players know nothing is guaranteed with four games remaining.

Getting a win against the Red Raiders, though, brings them — if even just a little bit — closer to their first postseason berth since the 2004-05 season.

"We understand that we haven't qualified for it yet and that won't happen for a few weeks," Christopherson said. "We have a lot of work before then we have to get done if we want to be in the NCAA tournament."

Iowa State and Texas Tech tip off at 8 p.m. Wednesday at Hilton Coliseum.



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Lead Rock Climbing - March 19
Kayak I - March 22
Rock Climbing I - March 28
Bicycle Maintenance - March 29
Outside in the Elements-Intro
The Weather - April 7
Kayak I - April 9



Trips

Hiking Pilot Knob State Park - March 24
Rock Climbing in Minnesota - April 13-15
Mountain Biking Sugar Bottom - April 14-15
Canoe the Boone River - April 21
Kayak Squaw Creek - April 22

Extended Trips

Skiing & Snowboarding Jackson Hole, WY - March 10-16
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Backpacking Blue Range Primitive Area, AZ - March 9-17
Backpacking and Canyoneering in Escalante, UT - March 9-17
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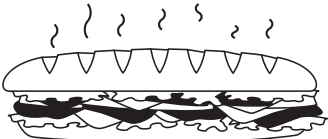
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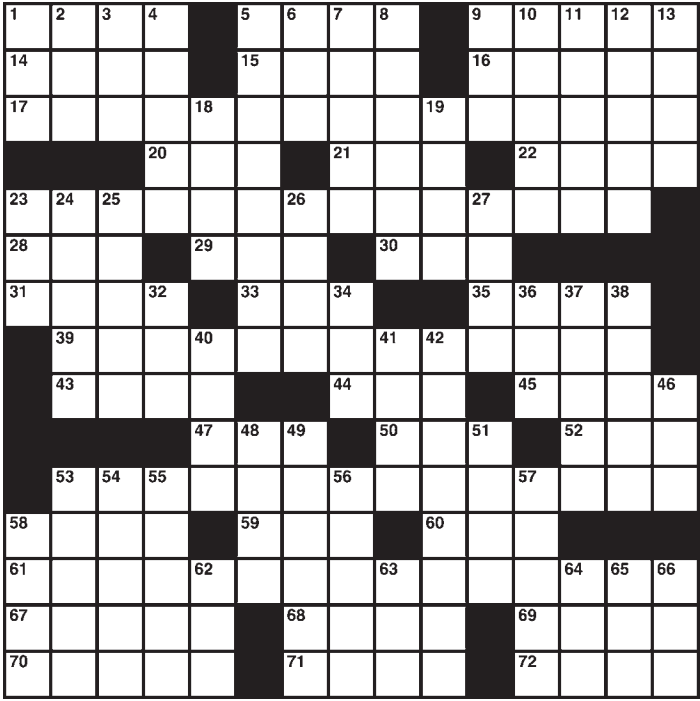
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Crossword



Across

- 1 '50s-'60s Bronx Bombers nickname, with "The"
- 5 South Seas tuber
- 9 Oceans
- 14 Like the team before @, on schedules
- 15 Not much
- 16 Hotel courts
- 17 Best Original Song Oscar winner from ...
- 20 Little one
- 21 ___-tzu
- 22 On the calmer side
- 23 ... Disney's "Aladdin"
- 28 Headache
- 29 WSJ headline
- 30 ___ rock: music genre
- 31 Faux pas

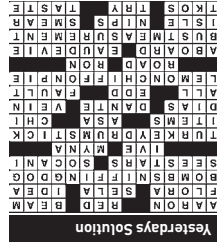
- 33 Bars with hidden prices?
- 35 Evenson?
- 39 ... Disney's "Song of the South"
- 43 Wed. vis-à-vis Thu.
- 44 Reed of The Velvet Underground
- 45 Expel, as lava
- 47 Western treaty gp.
- 50 Periods prec. soccer shootouts
- 52 Before, poetically
- 53 ... Disney's "Mary Poppins"
- 58 French city mostly destroyed in 1944
- 59 Golf's Woosnam
- 60 Tyler of "Jersey Girl"
- 61 ... Disney's "Monsters, Inc."
- 67 Athena's shield

- 68 "___ chici!"
- 69 File's partner
- 70 Actor Milo
- 71 Holiday tubers
- 72 ___-Ball

Down

- 1 Broly user's garment
- 2 ___ Jima
- 3 '20s White House nickname
- 4 1997 ecological protocol city
- 5 Gustatory sensor
- 6 Blood typing abbr.
- 7 Sight site
- 8 Bilingual Canadian city
- 9 John who explored the Canadian Arctic
- 10 Openly hostile
- 11 Showy extra
- 12 Like tridents

- 13 Marquis de ___
- 18 Three-sixty in a canoe
- 19 Coyote call
- 23 Grain beard
- 24 Suffering from vertigo
- 25 Legendary skater Sonja
- 26 "Ixnay!"
- 27 Sgt. Snorkel's dog
- 32 Covert ___: spy stuff
- 34 Disney frame
- 36 Some mag spreads
- 37 Flat hand, in a game
- 38 ___ Khan: "The Jungle Book" tiger
- 40 Elemental bit
- 41 Judgment Day
- 42 Blow away in competition
- 46 Pint-size
- 48 Low-pH substance
- 49 Crudely built home
- 51 Switchblade
- 53 Tables-on-the-street restaurants
- 54 "___-Ho": Dwarfs' song
- 55 Non-mainstream film
- 56 Prefix with mural
- 57 Civil rights activist Medgar
- 58 "Farewell, cara mia"
- 62 Metaphor words
- 63 Skirt line
- 64 Asian plow puller
- 65 Vague pronoun
- 66 Hawaiian strings



Word of the Day:

edify \ED-uh-fy\, verb:

1. To instruct and improve, especially in moral and religious knowledge; to teach.

Example:

Just what depth of woods is required to edify, modify and/or enlighten a person in the way that we know a stay within an unguarded, ongoing, wild wood can?

Random Facts:


Tennessee was originally known as Franklin; West Virginia was nearly named Kanawha, and Utah almost became the state of Deseret.

Editor Bennett Cerf challenged Dr Seuss to write a book containing exactly 50 words. The result? Green Eggs and Ham.

It is much less likely for a woman to be Red-

Green colourblind than a man. This is because in order for a woman to be Red-Green colourblind, both of her X chromosomes would have to be affected. Because a man only has one X chromosome, he is more likely to be colourblind.

Actor/comedian Chevy Chase occasionally played pick-up drums for one of the original lineups of Steely Dan, known as The Leather Canary.



THE SAMURAI OF PUZZLES By The Mephram Group

		2	7	9				
	5					9	8	
	6						5	
		7		4				8
	8		1					
2				6		4		
	1		9				4	
	7	3					9	
				7	8	5		

Level:

1 2 3 4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

SOLUTION TO TUESDAY'S PUZZLE

7	4	9	2	3	1	8	5	6
1	8	5	9	6	4	3	7	2
3	2	6	5	8	7	4	9	1
8	6	2	7	5	9	1	3	4
9	7	3	4	1	6	5	2	8
4	5	1	8	2	3	9	6	7
6	1	7	3	9	8	2	4	5
2	3	4	1	7	5	6	8	9
5	9	8	6	4	2	7	1	3

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Did your romantic Valentine's Day lead to a ring and an "I will"?



Let us know!

Email your announcement to public_relations@iowastatedaily.com

Daily Horoscope: by Nancy Black

Aries: Review priorities.

Today's Birthday (02/22/12). You're magnetically attractive. With Saturn in Libra for most of 2012, focus on paying down debt to set you up for an autumn of higher education and exploration. Lead, don't dictate. Your faith, strength and attitude keep friends inspired.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

Aries (March 21-April 19) -- Today is a 7 -- Demand the facts and you'll get them. They help you figure out what to do next. You have the message and can get it out. Contribute to a miracle.

Taurus (April 20-May 20) -- Today is a 7 -- Generosity looks good on you, so spread the wealth. A word or two from you helps a loved one stay on track. Together, you solve a puzzle.

Gemini (May 21-June 21) -- Today is a 7 -- Someone unexpected opens your eyes to new ideas and new routes. Let your passions guide you. You're getting to the good stuff. Completion is at hand.

Cancer (June 22-July 22) -- Today is a 7 -- Now's the perfect time to embark on a literary adventure. Stand up to a critic (especially if it's inner). Others encourage. Don't launch until you're ready.

Leo (July 23-Aug. 22) -- Today is an 8 -- Get a firm grasp on finances. The facts give you power. It's when it's nebulous and fuzzy that things get weird. Stay in communication. It all works out.

Virgo (Aug. 23-Sept. 22) -- Today is an 8 -- You're a powerhouse, jamming towards your goals. Surround yourself with those who can provide guidance should you get lost. Hang with someone who's been there.

Libra (Sept. 23-Oct. 22) -- Today is a 9 -- New data supports your intention. Write down a brilliant insight. Some change is possible, and it works to your benefit. Learn from others.

Scorpio (Oct. 23-Nov. 21) -- Today is a 7 -- Gather all the information you need, and study the options for a while longer before making a decision. Your friends are your treasure.

Sagittarius (Nov. 22-Dec. 21) -- Today is a 6 -- There may be schedule conflicts ... better double-check your calendar. New information could surprise you but can be very helpful. Pay attention to details.

Capricorn (Dec. 22-Jan. 19) -- Today is an 8 -- Your brilliance is highly appreciated, even if you don't know it. Inspiration gets intense, and you can use it to better everything around you. Don't waste your money.

Aquarius (Jan. 20-Feb. 18) -- Today is a 9 -- You're in charge, and you know it. With leadership comes responsibilities. You're ready to make changes for the better. Consider options that you've ignored before.

Pisces (Feb. 19-March 20) -- Today is a 9 -- Everything's done for love. You have more resources than you thought possible, and that's a great thing. You're gaining wisdom. Follow your heart.

Trivia

- 1. Stephen Sondheim supported himself before his West Side Story success, by writing what?
ANSWER: Topper TV scripts.
- 2. Which Gwen won an Olympic Gold medal in track?
ANSWER: Torrence.
- 3. Tommy and Jimmy Dorsey were band leaders, but who was Arnold Dorsey?
ANSWER: Pop singer Engelbert Humperdinck.
- 4. What is the name of the world's most famous Opera House?
ANSWER: La Scala.
- 5. The Horseshoe Falls are part of which famous Falls?
ANSWER: Niagara.

what? just sayin

The next person who walks into me while texting will get their phone knocked out of their hands.

...

Sometimes I like to lie on the floor and pretend to be a crumb

...

It's nice to know that people will give up seats for ladies even on a crowded bus..thanks

...

Smelly and sick people should not be allowed access onto the bus

...

My conversation with you seems like a one way street you NEVER TEXT ME BACK

...

What's with all of the rolling back packs lately... is there a convention in town?

...

I just got a fortune cookie with no fortune in it... does this mean I have no future???

...

For just one day could it be cloudy with a chance of meatballs?

...

To the guy chewing tobacco... really??? And from what rock did you just crawl out from under???

...

The Daily regrets any misinterpretation of the word "squinxy" in yesterday's Just Sayin' Column. The Daily interpreted the word as a reference to ground squirrels. The Daily does not knowingly print racial slurs and apologies for any confusion.

To see your just sayin' here, submit it to www.iowastatedaily.com/games/justsayin



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Think outside the box with Thin Mints



By Lauren Ingebrand
AmesEats Flavors Writer

Girl Scout Cookies are craved so much during the offseason that when they do come around, it is easy to overstock. Try some of these interesting recipes to use up your extra Thin Mint Cookies. If you don't have any Thin Mint Girl Scout Cookies, try using Keebler Grasshopper Fudge Mint Cookies.

Photo: Claire Powell/AmesEats Flavors

Thin Mint cookie crust

Ingredients

1 1/4 Thin Mint Cookie crumbs 2 tablespoons butter, melted

Directions

1. Preheat oven to 350 degrees F.
2. Mix together the cookie crumbs and melted butter.
3. Press into a 9-inch pie plate and bake for 10 minutes.

Tip: Some pies that would be great with a Thin Mint crust include chocolate cream pie, ice cream pie and vanilla cheesecake.

Thin Mint truffles



Photo: Claire Powell/AmesEats Flavors

Ingredients

1 box Thin Mint Cookies 1 cup chocolate chips or mint chips, melted
1/2 4 oz. package softened cream cheese

Directions

1. Crush the cookies and mix with the cream cheese.
2. Roll into balls and place on a tray or cookie sheet. Place in the refrigerator for at least 30 minutes to firm up.
3. Using two forks, gently roll balls in chocolate or mint chips. Carefully pick up the truffle and let excess chocolate or mint drip off. Put truffles back on the tray and return to refrigerator until firm.

Thin Mint milkshake

Ingredients

10 Thin Mint Cookies 2 scoops chocolate, vanilla or mint chip ice cream
1 cup milk

Directions

1. Combine the cookies, milk and ice cream in a blender.
2. Pour into a glass and top with whipped cream and cookie crumbs.

Thin Mint brownies

Ingredients

1/2 box of Thin Mints 1/4 cup water
1 box brownie mix 1/2 cup vegetable oil
2 eggs

Directions

1. Preheat the oven to 350 degrees F.
2. Crush Thin Mint Cookies in the food processor or by putting them in a bag and pounding them.
3. Combine with the brownie mix, eggs, water and vegetable oil.
4. Spread batter evenly in greased 9x13 baking pan. Bake for 30 minutes.



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